

## GET SMART about Antibiotics Week

### INFECTION PREVENTION

Fewer Infections = Less Antibiotic Use!



With YOUR help, we can team up with Antimicrobial Stewardship and Infection Prevention to decrease antibiotic use and prevent transmission of viruses, resistant organisms and *C. difficile*.

### FIVE THINGS TO DO TODAY

1. Advocate for immunizations to prevent infections.
2. Be sure YOU have received the influenza vaccine.
3. Use good hand hygiene. It's the single most effective way to prevent the spread of pathogens. Scrub for at least 15 seconds if using soap and water.
4. Follow good isolation protocols. Gloves are not a substitute for good hand hygiene.
5. Promote "cough etiquette." Cough into a tissue or elbow and perform hand hygiene.

**REMEMBER:** Preventing infections leads to less consideration for antibiotic use!